

PEAK SOUTH LACROSSE

CLINIC SCHEDULE

DATE: Sunday, December 2nd, 2012 **SITE:** Cardinal Newman High School

TIME	PERIOD	ATTACK	MIDDIES	DEFENSE	GOALIES
8:00-9:00 AM	Field Set-up/Prep				
9:00-9:30 AM	Game/Team Prep	Seed 1 vs. Seed 4 Field 1	Seed 2 vs. Seed 3 Field 2	(:15 stretch, :15 skills)	
9:30-10:45 AM	Game 4				w/ Coach Quirk
11:00-12:15 PM	Game 5	Winners - Field 1, Consolation Field 2			Overflow Work
12:15 PM	Camp Breakdown	Thanks to everyone for making Year 1 so positive.			
		Team Presentations			
		*** (2) :35 halves, :05 halftime			

FUNDAMENTAL OF THE DAY:

Competition

- Compete in everything we do.
- Don't hesitate to ask questions
- What are you doing when noone is looking?
- You get one opportunity at a first impression

ANNOUNCEMENTS:

- THANKS!



PEAK SOUTH LACROSSE
Florida's Premiere Event

